



2015 CHILD HEALTH, EDUCATION, AND CARE SUMMIT: *Building Powerful Partnerships*

Pre-Summit Workshops : Tuesday, February 10 – 10:00 a.m. – 5:00 p.m.

Local Child Care and Development Planning Councils Quarterly Meeting

There are Local Child Care and Development Planning Councils (LPCs) in all 58 counties. They represent a diverse group of stakeholders, including parents, early education professionals in family child care homes or center-based care; private, state-funded and non-profit service agencies; public agency representatives; and other discretionary community experts representing special populations and business. LPC membership may include resource and referral agencies, state-funded contractors, Head Start/Early Head Start, First 5 county commissions, foundations, tribal agencies, K-12 educators, and higher education. **The intended audience for this workshop is members and staff from LPCs.**

Presenters: Linda Parfitt, Child Development Consultant, California Department of Education; Joyce Stone, Co-chair, California Child Care Coordinators Association and Local Planning Council Coordinator, Santa Barbara County; Elizabeth Blakemore, El Dorado County Child Care and Development Planning Council; Ruth Fernandez, Local Planning Council Coordinator, Contra Costa County Office of Education; Angie Garling, Child Care Coordinator, Alameda County.

The Art of Resource and Referral (R&R): Utilizing the Strengthening Families™ Framework to Support Children, Families, and Caregivers

Training on the latest prototype of the emerging Resource and Referral Standards which embed the Strengthening Families™ Framework will be provided for staff of the Child Care Resource & Referral Programs from each of the 58 counties in California. Sessions for R&R supervisors and administrators will utilize strength-based reflective supervision practices resulting in thoughtful interactions that support both the agency and community. **This workshop and training opportunity is intended for R&R agency staff members and CCCR&RN staff members.**

Presenter: Mary Beth Phillips, Director of Strategic Initiatives and Member Services, California Child Care Resource and Referral Network (CCCR&RN).

Early Education Workforce Development – Effective Workforce Development Through a Quality Framework

This interactive session includes guest speakers and panel formats designed to inform participants and engage them in an exploration of strategies to support improved teacher effectiveness. Topics include national, state, and local perspectives on cutting edge research, ways to strengthen early learning teacher and provider preparation, and support meaningful, ongoing learning experiences. Participants will learn about coaching opportunities and integrating practice-based coaching within coursework, work sites, and classrooms. Time will be provided for dialogue with speakers and panel members. **The intended audience for this workshop includes program administrators and staff dedicated to teacher effectiveness**

and continuous program quality improvement, including CARES Plus program staff, Child Signature Program (CSP) Early Learning Experts and Early Learning Systems Specialists, Race to the Top-Early Learning Challenge Grant (RTT-ELC) Quality Rating and Improvement System (QRIS) staff, coaches and mentors, higher education, and others working on continuous quality improvement and workforce development within early learning programs.

Presenter: Ida Rose Florez, WestEd, Early Education Effectiveness Exchange (E4) Academy; Carolyn Brennan, Higher Education Implementation Manager, University of Washington.

Natural Environments: Support Families, Support Children's Learning

What are your concerns? Priorities? Resources? Asking a family these basic questions may not lead to meaningful responses. The Routines-based Interview (RBI) is an interview tool used to discuss a family's life and areas where they require support. RBIs often lead to better relationships with the family and understanding of their priorities. Outcomes and services that emerge tend to use natural learning opportunities present in families' everyday routines. This workshop provides an overview of the RBI. Each participant will have opportunities to engage in discussions and activities to understand the foundations of the RBI and practice RBI components. **This workshop is intended for anyone who wants to learn more about this tool for supporting families and children.**

Presenter: Monica Mathur-Kalluri, WestEd, Program Associate/Early Childhood Development Specialist

Empowering Families: Strengths-Based Early Childhood Program Quality

This workshop, led by Dr. Joshua Sparrow of Brazelton Touchpoints Center and Julie Kurtz, LMFT, of WestEd's Center for Child and Family Studies, will focus on strengths-based approaches to supporting and empowering families of young children. Participants will learn about the effects of trauma on brain development and brain trauma-informed practices to attain the goals of safety, permanency, and well-being. The workshop will emphasize how families can become resources for early childhood programs or other families, how early childhood professionals can build on what they are already doing to improve program quality using practical tools in early childhood settings, and how to help intentionally build the capacity of parents and families. **The intended audience is Family Support Specialists and Mental Health Specialists in Child Signature Program (CSP); other CSP county-level staff, and agencies and staff working to support families (home visitors, CalWorks, social services, etc.)**

Presenter: Dr. Joshua Sparrow, Brazelton Touchpoints Center; Julie Kurtz, LMFT, WestEd's Center for Child and Family Studies

Pre-Summit Workshop : Tuesday, February 10 – 1:00 p.m. – 5:00 p.m.

First 5 County Commissioners Workshop

First 5 county commissioners have a unique responsibility under Proposition 10. As experts in the diverse needs of young children and their families, stewards of the public trust, and as connectors to the many systems within which First 5s work, commissioners ensure each First 5 county commission remains innovative, focused, and independent. This session will explore these many roles, and engage participants in a conversation about how, collectively and regionally, Commissioners might work across county borders to support the sustainability and spread of our efforts. **This workshop is by invitation only as the intended audience is First 5 county commissioners and executive staff.**

Presenter: Moira Kenney, Executive Director, First 5 Association of California

Session 1: Wednesday, February 11 – 10:30 a.m. – 12:00 p.m.

1A

Partnering with Home Visiting: Best Practices for Critical Family Services

In this panel discussion, five California Home Visiting Program (CHVP) counties with innovative partnerships will discuss their experiences building collaborations with local agencies. These coordinated services address issues, including probation, education, organizational structure, rural areas, and coordination with multiple home visiting programs fill gaps for low income, pregnant and parenting women, and their children. By virtue of these collaborative efforts, born out of the development of home visiting programs, these five sites are addressing each of the three Summit focus areas (Poverty, Impact of Trauma, and Brain Science) as they provide multiple, critical services to these families.

Presenter: Kristen Rogers - California Department of Public Health, Maternal Child and Adolescent Health/California Home Visiting Program

Co-Presenters: Joyce Ash, Denise Hobbs, Kathryn O'Malley, Bea Montiz, and Anna Gruver

1B

Postpartum Depression and Disrupted Attachment: The Impact of Maternal Mental Health on Child Development

Postpartum depression disrupts the security of the attachment relationship with repercussions for a child's cognitive, social-emotional, and psychological development. The developing brain also is affected leaving children more vulnerable to Attention Deficit Hyperactivity Disorder (ADHD), poorer academic performance, conduct disorder, depression, and anxiety. Because maternal depression affects attunement, children are at increased risk for abuse and neglect. This presentation identifies risk, looks at symptoms, treatment, and prevention with an emphasis on the impact of environmental stress on a child's emotional well-being.

Presenter: Diana Lynn Barnes, Psy.D., The Center for Postpartum Health

1C

Uprooting Child Poverty: Promoting Programs that Work in Sonoma County

This presentation provides a compelling example of how a countywide public/private partnership uses data, evidence-informed practice, and a collective impact approach to disrupt generational poverty for low-income, Latino children and families. Sonoma County's Upstream Investments initiative is highly successful at increasing investments in programs like Pasitos Playgroups – a dual-generational program being scaled countywide. Evaluation shows strong parent outcomes, including increased expectations for their child's educational success and increased expectations for their own education and employability, thus decreasing the likelihood of generational poverty.

Presenter: Marta Flax Tilling, Community Action Partnership of Sonoma County

Co-Presenter: Angie Dillon-Shore, Sonoma County Human Services

1D

Early Start Family Resource Centers: The Heart of Early Start

Families of children at risk or with disabilities are part of almost every service delivery system. Do you know where to refer these families when they enter your programs? Early Start Family Resource Centers are staffed by parents who are experienced in navigating systems and providing services to strengthen families and help them build resilience. This interactive session will provide information on the renewal of Early Start and Early Start FRC services, including Prevention Resource and Referral Services, how to refer families, and will highlight collaborative opportunities.

Presenter: Linda Joy Landry, Family Resource Centers Network of California

Co-Presenters: Susan Roddy and Debbie Sarmento

1E

Systems Integration that Actually Works: Help Me Grow

This session discusses a system model (Help Me Grow) that has gained momentum nationally, as well as in California, that promotes the early detection of child development concerns and linkage of at-risk children to support and services. Research shows that poverty and trauma can significantly impact developmental outcomes, yet fewer than 30 percent of California children enter Kindergarten with concerns already identified and addressed. Help Me Grow offers a systemic solution to addressing this problem. With the flexibility to implement Help Me Grow utilizing local or regional constructs, the core components of the system for fidelity to the model include: 1) health care provider outreach, 2) community outreach, 3) centralized telephone access point, and 4) data collection and analysis. Participants will gain an understanding of the strategic pieces needed to implement Help Me Grow as a collaborative system of care in their local communities to best serve young children and families.

Presenter: Patsy Hampton, Help Me Grow California – WestEd

Co-Presenters: Loren Farrar, Help Me Grow Alameda; Rebecca Hernandez MEd., Help Me Grow Orange County; and Debbi Davis, RN, Children's Nurturing Project

1F

Early Learning in Libraries: An Unexpected Ally

Public libraries reach millions of parents and young children every year. They are trusted and welcoming places where self-directed, content-rich experiences abound, promoting the kind of executive function skills so essential to children's future success in school and life. As early learning becomes a national priority, it is critical that we incorporate and leverage, the well-established informal learning system of libraries as an essential component of any community's early learning network. Once known as quiet respites, libraries have evolved into vibrant early-learning centers with highly skilled staff and effective community partnerships. Participants will leave the session with a better understanding of the important role libraries play in supporting early literacy, the collaborative opportunities possible, and the value of including libraries in early-learning outreach strategies.

Presenter: Joshua D. Sparrow, M.D., Brazelton Touchpoints Center, Boston Children's Hospital

Co-Presenters: Kathleen Guerrero, Carolyn Brooks, and Suzanne Flint

1G

Mitigating the Impacts of Trauma in Young Children: Lessons from Program and Policy Strategies in Illinois

Studies have shown that healthy, secure attachment between children and their caregivers enables children to feel safe and secure in exploring their surroundings, which is the foundation for lifelong learning. This session will describe policy and program strategies currently being implemented through the Ounce of Prevention Fund ("the Ounce") in Illinois to mitigate the impacts of trauma in very young children by helping them to re-establish healthy attachment when it has been challenged or severed. Session participants also will engage in discussion with presenters to learn how these strategies could be applied to their own work.

Presenter: Anna Potere, M.S., Ounce of Prevention Fund

Co-Presenter: Claudia Cottage

1H

Healthy Kids Make Good Learners: Coverage Tools for Families and Providers

The ALL IN for Early Learners Campaign knows that with more than two million children living in poverty in California, we need to reduce and eliminate disparities. The Campaign equips the early learning and school communities with the tools to provide health coverage opportunities to children, families, and staff. We know that healthy kids make good learners and health coverage is one step to leveling the playing field for California children living in poverty.

Presenter: Suzie Shupe, California Coverage and Health Initiatives

Co-Presenter: Astrid Campos, The Children's Partnership

1I

Kidsdata.org: Your Gateway to Data About Child Health and Well-Being in California

Do you need data about children and families for program planning, grant proposals, or reports? Kidsdata.org can help you find facts quickly and easily. This free, user-friendly site offers more than 500 indicators of child health and well-being in more than 50 topics, including poverty and health. The site offers data for every county, city, and school district in California. Customize your data to make the most impactful visualization, then simply download data, copy into your report, or share with colleagues. Kidsdata.org aims to make data easily accessible, understandable, and useable to those who influence kids' lives. This session will help you get the most out of this useful resource.

Presenter: Regan Foust, Ph.D., Lucile Packard Foundation for Children's Health

1J

Trauma Informed Caregiving: Addressing the Needs of Young Children in Foster Care

Would you like to increase your capacity to improve the lives of young children impacted by trauma? Attend this session to learn what it means to be a "Trauma Informed Caregiver." Through the slide presentation, notes and handouts, and video clips, as well as a brief hands-on exercise, caregivers and caring professionals will leave knowing the ripple effect of trauma, its impact on a growing brain, and the benefits and recovery that comes with a stable, nurturing, and healthy adult relationship. Examples of collaborations that provide additional educational opportunities for caregivers and educators will be shared.

Presenter: Cherie Schroeder, Foster & Kinship Care Education/Woodland Community College

Co-Presenters: Juline Aguilar and Regan Overholt

Session 2: Wednesday, February 11 – 1:30 p.m. – 3:00 p.m.

2A

From Early Trauma to Security and Joy: One Child's Successful Journey and the Science Behind it

Many children have had early traumatic experiences. They come into our lives and our classrooms with a variety of psychological, emotional, and educational needs. We do a better job if we understand the specific needs and anticipated behaviors of these little ones. Now, more than ever, it is important for us to understand our role in the healing process and our opportunity to nurture, teach, and support them in reaching their potential. This true story will touch your heart. The easy to understand science will enlighten your mind. Together, we can change the world one child at a time.

Presenter: Laurie Prusso, Certified Positive Discipline Trainer and Parenting Coach

2B

The Big Lift: San Mateo County's Bold New Vision for Achieving Student Success

San Mateo County recognizes that the educational status quo is no longer an option and has launched The Big Lift, a collective impact collaborative made up of over 100 educators, nonprofits, businesses, government, and foundation leaders who, together, are spearheading a bold new vision for early learning to address the literacy gap in at-risk children. In this session, participants will learn about the elements essential to the success of a large-scale community initiative. Participants will leave this workshop with ideas and strategies for building powerful partnerships in their own communities to further child well-being and success for all families.

Presenter: Anne Campbell, San Mateo County Office of Education

Co-Presenters: Kitty Lopez, Executive Director, First 5 San Mateo County and Erica Wood, Chief Community Impact Officer, Silicon Valley Community Foundation

2C

Home Visiting by Trained Professionals: Changing the Trajectory of the Lives of Families

The perinatal period can be a joyous, yet vulnerable, time for families. Expectant parents and young children that lack social support, access to resources, and face additional life stressors are at increased risk for adverse childhood experiences. Trained, skilled home visitors help to strengthen families by addressing risk factors and promoting protective factors. Building trust is the first and primary focus to establish a relationship and build a partnership with families. Through relationships and mentorship with families, the parent-child relationship can be supported.

Presenter: Kim Thomas, M.A., American Academy of Pediatrics, California Chapter 3

Co-Presenter: Sheri Easterly, B.A, SAY San Diego

2D

Part 1

Children in Stress: Understanding and Using Relevant Science, Policy, and Data to Improve Conditions for Children

This workshop will provide an overview of the science behind how children's brains and bodies develop, and how this development is impacted by various risk and protective factors. Because policy can help address the causes and impacts of this stress, Children Now also will present current information about the California policy landscape related to these issues. Additionally, participants will learn about multiple recommended data tools that can be leveraged to understand the issues impacting children's well-being at both the local and statewide levels. This workshop will be in-depth and interactive, and will help stakeholders understand how to harness science, policy, and data to further their efforts, regardless of the vantage point from which they are working to improve the well-being of young children.

Presenter: Ben Rubin, Ph.D., Children Now

Co-Presenter: Jessica Mindnich, Ph.D.

2E

Part 1:

Maternal Depression Screening, Assessment, and Treatment Pilot

Maternal postpartum depression is known to negatively impact infant development as depressed mothers do not have the animation in their faces and voices that are critical for infant communication and healthy brain development. Using a workshop format, the presenters will describe cases served through the Maternal Depression Pilot Project, funded by First 5 San Diego, and discuss all components of care required for addressing the needs of depressed mothers and their young children. The presenters also will address the multi-level systems change that was needed within the organization to accomplish this best practice relational model of care.

Presenter: Ruth Newton, Ph.D., Newton Center for Affect Regulation

Co-Presenter: Khawla Suleiman, M.D., Family Health Centers San Diego

2F

Play and the Brain: The Role of Play in Child Development and Mental Health

Play is essential to the growth of the child's brain, allowing full development of physical, social, and cognitive abilities. This session will describe eight styles of play and show how they support growth in different regions of the brain. Special emphasis will be given to the role of play in building resilience and healing from trauma.

Presenter: Katrinca Ford, M.F.T.

2G

Early Identification and Linkage within Low-Income Communities in Contra Costa County

The prevalence of disability among children ages birth through five is known to be higher within low-income populations. First 5 Contra Costa, in collaboration with an Early Childhood Leadership Alliance (ECLA), established a system of early identification and referral using the Ages and Stages Questionnaires (ASQ-3 and ASQ:SE) within targeted low-income communities. A system including policy, training, coaching, preventative intervention classes, strengthening community referral linkages, and implementation evaluation resulted in increased identification and community programming for at-risk families. Video vignettes will highlight family experiences.

Presenter: Alise Paillard, Ph.D., Solutions to Advance Learning Utilizing Technology (SALUT)

Co-Presenter: Wanda Davis, M.S.W.

2H

Building Capacity to Strengthen Low-Income Latino Families and Youth

The Family Engagement Institute (FEI) was established to strengthen the capacity of families, schools, and communities to build engagement strategies to ensure the success of all students. The first topic of the presentation includes a discussion of the FEI Framework of Family Engagement and the types of family, child, and educator programs, all with the goal to strengthen low-income, mostly Latino families. The second topic focuses on the Stretch to Kindergarten (STK) program, a tuition-free family engagement spring/summer school readiness program. The third topic provides findings examining the impact of these programs on the children, families, and educators.

Presenter: Kathryn Lindholm-Leary, San Jose State University

Co-Presenters: Betsy Nikolchev and Carmen Ponce

2I

College Child Development Centers – Supporting Student Success

College Child Care and Development Programs (Lab Schools) serve a dual function – serving as lab schools for Early Childhood Education students and enabling low-income parents to succeed in college. In the recent past, more colleges are either closing or reducing services at their Child Development Centers. Ways will be explored in which high-quality child care services enhance student life and consider how to share this information with policy and decisions makers throughout California.

Presenter: Sydney Fisher Larson, California Community College Early Childhood Educators and College of the Redwoods

Co-Presenter: Patty Scroggins, Director, Child Development Training Consortium

2J

Creating ECE Centers of Wellness and Outdoor Classrooms Benefitting Children

This session describes the Orfalea Foundation's six-year effort to enhance early childhood education (ECE) programs throughout Santa Barbara County. Its focus on creating "centers of wellness" and "natural outdoor classrooms" provides children frequently missing elements of education while concurrently expanding the definition of quality for the field. This presentation will describe the strategic change model, the initiatives' areas of focus, examples of program change, connection to research and field testing, and benefits to children. Through stories, photos, and statistics, participants see the impact of enhanced outdoor environments, outdoor programming, and exemplary programs of nutrition, physical activity, environmental stewardship, and parent engagement.

Presenter: Adrianna Foss, Orfalea Foundation

Co-Presenter: Eric Nelson, Director, The Outdoor Classroom Project

Session 3: Wednesday, February 11 – 3:15 p.m. – 4:45 p.m.

3A

Achieving Good Oral Health in Early Childhood Programs Using Telehealth-Connected Teams: The Virtual Dental Home

The Virtual Dental Home is a dental care delivery model using telehealth-connected teams that places dental hygienists in community sites and uses technology to connect the hygienist and patient to a collaborating dentist in a dental office or clinic. It has successfully provided dental care to thousands of children at schools and Head Start sites across California. With recently enacted legislation, it's even easier to bring this model to early childhood programs. The presentation will describe how the Virtual Dental Home works and how early childhood programs can bring it to their sites.

Presenter: Paul Glassman, DDS, MA, MBA, Pacific Center for Special Care, University of the Pacific Arthur A. Dugoni School of Dentistry

Co-Presenter: Jenny Kattlove, MS, The Children's Partnership

3B

Alameda County Fathers Corps: Building a Father-Friendly Community

Fathers' involvement in their children's lives affects children's economic conditions and overall development in important ways. This session presents highlights and lessons learned from the Alameda County Fathers Corps, a cross-agency approach to strengthening father involvement through the convening of a provider learning community. The Fathers Corps—a collaboration between First 5 Alameda County, Public Health, and Social Services—brings together male service providers from over 20 agencies and non-profits for training and support, with a focus on the specific needs of fathers. It also advocates for the adoption of Father Friendly Principles by agencies throughout the county.

Presenter: Gary Thompson, Alameda County Public Health Department

Co-Presenter: Tim Roberts, Alameda County Social Services Agency

3C

Maximizing Partnerships to Treat Mild to Moderate Developmental Concerns

This presentation will demonstrate that there are significant benefits to treating children with mild to moderate developmental and behavioral concerns that do not meet the requirements for existing early intervention systems or insurance coverage. Presenters will share their nine years of experience in partnering with stakeholders to create, implement, and evaluate a large scale developmental system of care targeted to this population. Participants will discuss how parents' engagement in their child's treatment impacts their outcomes. Data will be presented to show how a child's developmental trajectory can be positively impacted after a relatively short-term intervention within an integrated system of care.

Presenter: Pradeep Gidwani, M.D., MPH, American Academy of Pediatrics, California Chapter 3

Co-Presenter: Lily Valmidiano, MPH, CHES, American Academy of Pediatrics, California Chapter 3

3D

Part 2:

Children in Stress: Understanding and Using Relevant Science, Policy, and Data to Improve Conditions for Children

This workshop will provide an overview of the science behind how children's brains and bodies develop, and how this development is impacted by various risk and protective factors. Because policy can help address the causes and impacts of this stress, Children Now also will present current information about the California policy landscape related to these issues. Additionally, participants will learn about multiple recommended data tools that can be leveraged to understand the issues impacting children's well-being at both the local and statewide levels. This workshop will be in-depth and interactive, and will help stakeholders understand how to harness science, policy, and data to further their efforts, regardless of the vantage point from which they are working to improve the well-being of young children.

Presenter: Ben Rubin, Ph.D., Children Now

Co-Presenter: Jessica Mindnich, Ph.D.

3E

Part 2:

Maternal Depression Screening, Assessment, and Treatment Pilot

Maternal postpartum depression is known to negatively impact infant development as depressed mothers do not have the animation in their faces and voices that are critical for infant communication and healthy brain development. Using a workshop format, the presenters will describe cases served through the Maternal Depression Pilot Project, funded by First 5 San Diego, and discuss all components of care required for addressing the needs of depressed mothers and their young children. The presenters also will address the multi-level systems change that was needed within the organization to accomplish this best practice relational model of care.

Presenter: Ruth Newton, Ph.D., Newton Center for Affect Regulation

Co-Presenter: Khawla Suleiman, M.D., Family Health Centers San Diego

3F

Understanding and Working with Transgender Youth in Our Care – Brain Physiology and Chemistry at Work

Males and females typically have brains with gender-related physical characteristics. There is scientific evidence that transgender people have the brains and matching physical brain characteristics of the gender they associate with, not their birth-given anatomy. This presentation gives participants insight into science and culture for transgender people. It also discusses other hot button issues like how to be a foster parent to a Lesbian, Gay, Bisexual, Transgender, and Questioning (LGBTQ) youth if your religious beliefs are in conflict by strengthening the idea of being a public servant as a guide to providing a loving and safe home to LGBTQ youth.

Presenter: Nick Lawrence, Santa Rosa Junior College, Foster and Kinship Program

3G

Los Angeles Universal Quality Preschool (LAUP) Coaching Model in the Context of California's Race to the Top – Early Learning Challenge (RTT-ELC)

Los Angeles Universal Preschool will present an overview of its implementation of California's Race to the Top – Early Learning Challenge grant. They will outline the features of coaching in early childhood settings to provide strengths-based assistance, and help programs strengthen their existing systems and align their standards with a statewide tiered quality rating and improvement system (TQRIS) framework to ensure children with high needs have access to quality early learning. Finally, they will discuss providers' experiences receiving coaching, the impact of coaching in quality improvement, and the challenges and limitations early childhood education providers face in implementing and sustaining programs that align with TQRIS standards.

Presenter: Edith Garcia, M.A., Los Angeles Universal Preschool

Co-Presenters: Nidia Hernandez, M.A., Research Analyst

3H

Understanding and Addressing Toxic Stress in a Child Welfare Population

Young children involved in the child welfare system are at risk of long-term negative impacts from trauma exposure and toxic stress that can impact their lifelong mental and physical health. Toxic stress refers to chronic, severe stress that is not mitigated by safe, supportive relationships. This session will briefly review current brain science regarding toxic stress and factors that can serve to reduce the negative impacts of exposure. Five guiding principles for addressing the needs of young children exposed to toxic stress will be illustrated, including ways to apply them in different settings, addressing the needs of foster children.

Presenter: Karen Rogers, Ph.D., USC – Children's Hospital Los Angeles

Co-Presenters: Suzanne Roberts, M.D. and Jennifer Rafeedie, Psy.D.

3I

Building Cross-Sector Bridges Among Professionals to Strengthen Families

Cross-sector collaboration allows professionals to develop a multi-dimensional view of children and families, providing opportunities to engage in effective services. Participants will deepen their understanding of how to effectively engage professionals from a cross-sector perspective to strengthen families and promote child well-being. This session will highlight a distinct cross-sector approach.

Presenter: Christina Nigrelli, M.A., Ed.S., Zero to Three

Co-Presenter: Tahra Goraya, M.A.

3J

Implementation of Triple P-Positive Parenting Program at Homeless Shelters

Homelessness is a trauma experience affecting both children's resiliency and parents' ability to nurture. As homeless families struggle with losing their security of their home, parents are challenged to provide consistent effective positive parenting. In Contra Costa County, First 5 and the Mental Health Services jointly fund C.O.P.E. Family Support Center to partner with shelters implementing the Triple P-Positive Parenting Program. A model for training and sustaining shelter staff to successfully implement the 9-week course is provided, along with tips for adapting this model and discussion of issues. Pre- and post-program data comparing outcomes for families at shelters and family resource centers will be summarized.

Presenter: Cathy Botello, C.O.P.E. Family Support Center

Co-Presenters: Sharon Bernhus and Lyn Paleo, M.P.A., DrPH

Session 4: Thursday, February 12, 2015 – 1:30 p.m. to 3:00 p.m.

4A

Fresno County Birth Through Third Grade Challenge: Exponentially Powerful

Third grade reading proficiency is a key indicator of a child's future school and life trajectory. Fresno County has taken bold steps towards closing the large achievement gap in their community through the Birth Through Third Grade (B3) Challenge, an innovative approach designed to catalyze change at the school, district, and community levels. This presentation will focus on powerful partnerships that have developed between five school districts, First 5 Fresno, the County Office of Education, the Housing Authority, the Economic Opportunity Commission, and the Health Department, and key factors contributing to the early success of B3 in Fresno County.

Presenter: Nicole Tanner, Ph.D., VIVA Strategy + Communications

Co-Presenters: Emilia Reyes, M.B.A., Dr. Michele Cantwell-Copher, Michael Hanson, Brian Angus, and Preston Prince

4B

Evidenced-Based Parents Anonymous® Programs: Empowering Young Families to Create Meaningful Change

Program implementation, research results and system change of Parents Anonymous® Programs and strategies will be discussed through a dynamic and interactive presentation focusing on the mitigation and prevention of adverse childhood experiences by implementing evidence-based trauma informed practices. National Certification of Parent Leaders will be delineated as a competency-based effort to empower families to create change. This session will be conducted in shared leadership with a staff member and two Parent Leaders demonstrating an essential component to strengthening families and communities by building resilience, enhancing social and emotional development and learning, and the wellbeing of young families.

Presenter: Lisa Pion-Berlin, Ph.D., Parents Anonymous, Inc.

Co-Presenters: Don Pickens, National Parent Leader and Program Director, and Michelle Allen, Member, California State Parent Leadership Team

4C

Powered Up Partnerships: Improve Your Reach and Impact – Collaborate with Women, Infants, and Children!

Did you know that the Women, Infants, and Children Program (WIC) has not only been around 40 years, but does a lot more than provide healthy foods, breastfeeding support, and learner-centered parent education? WIC also screens and links families to needed community services. Are they linked to your program yet? In this workshop, you will find out how the WIC service platform can help you strategically reach thousands of high-risk young families during the critical perinatal and early development periods. You'll also learn how WIC innovators have tested "value-added" WIC-based interventions ranging from early literacy to depression screening to oral health – with some amazing results! Find out how WIC can help you help California families thrive!

Presenter: Karen Farley, RD, IBCLC, California WIC Association

Co-Presenter: Tracie Barrow, Samar McGregor, and Mary Jane Kiefer

4D

Improving Early Childhood Development Through a Collective Impact Framework

The Monterey County Early Childhood Development Initiative (ECDI) utilizes a collective impact framework to improve ECD indicators throughout the county while focusing on communities with a high social economic need. Through a network of cross-sector partners, ECDI has effectively engaged county-wide participation in a shared common vision. The initiative works at all levels of the social ecological model by strengthening networks through a variety of techniques that include community engagement, capacity building, and policy work. The panel will discuss how ECDI gained momentum in the community, the beginning stages of progress, and lessons learned throughout the process.

Presenter: Nina Alcaraz, First 5 Monterey County

Co-Presenters: Marcie Castro, Dr. Edward Moreno, and Francine Rodd

4E

Reading Corps: An Evidence-Based Model to Improve PreK Emergent Literacy

This session will introduce participants to the Minnesota Reading Corps PreK program model and its evidence base. This classroom-based program is designed to impact both practitioners and children, and improve emergent literacy and oral language outcomes for both on-track and at-risk preschoolers. A recent independent evaluation showed significant improvement in classroom instructional quality and student outcomes. Presenters will share how the Reading Corps harnesses the power of AmeriCorps members to conduct regular, objective literacy assessments; implement instructional best practices and evidence-based interventions; and engage early literacy and quality adult-child interactions, all within the context of a response-to-intervention framework.

Presenter: Kate Horst, Minnesota Reading Corps; SEEDS of Early Literacy

Co-Presenter: Marc Hernandez, Ph.D.

4F

Parents and Pediatricians Partnering – Enhancing Child Development

This presentation will educate participants on the latest early brain development research, how pediatricians are working with parents to enhance their child's development with an evidence-based model, and the effects this work has on brain development, breaking intergenerational poverty, and mitigating the effects of trauma. Presenters will share their years of experience promoting early literacy, collaborating with community partners to support families and their child's development, as well as international work on trauma and bonding with books. Participants will have an opportunity to share best practices in promoting literacy, as well as challenges, barriers, and solutions.

Presenter: Donald Miller, M.D., M.P.H., American Academy of Pediatrics, California – Chapter 3

Co-Presenters: Tara Milbrand, M.S.W. and Bron Anders, M.D.

4G

Helping Fractured Families Heal: Trauma Model for African American Families

This interactive session examines the impact of trauma via "out of home placement" and "culturally incongruent" therapeutic services on African American families. Trauma's effect on brain development, and "race based" trauma injury on psychosocial development also will be discussed. The session explores how culturally appropriate interventions enhance healing and recovery. Participants will learn how the H.O.T.E.P. method is utilized in the following: engaging, assessing, motivating, and developing culturally appropriate goals/interventions and programs, strengthening families as they reclaim themselves and their children. The session will highlight best practices and innovative programs implemented at SHIELDS for Families Inc., in Los Angeles, a leader in mental health and substance abuse recovery.

Presenter: Roslyn Turner-Clark, Ed.D., SHIELDS For Families, Inc.

4H

The Clinical Effort Against Secondhand Smoke Exposure in Children

The Clinical Effort Against Secondhand Smoke (CEASE) is a First 5 California-funded, highly successful and innovative program that engages child health providers to systematically help parents quit smoking by using existing community resources.

Presenter: Jyothi Marbin, M.D., UCSF Benioff Children's Hospital Oakland

Co-Presenter: Elisa Tong, M.D., M.A.

4I

The Children's Data Network: Linking Data to Inform Programs and Policies

This panel presentation provides an overview of the Children's Data Network (CDN), a university, agency, and community collaborative. With funding from First 5 Los Angeles and the Conrad N. Hilton Foundation, and developed in partnership with the California Child Welfare Indicators Project, the CDN focuses on the linkage of administrative data to inform programs and policies. Our understanding of children's experiences with different services systems is very partial. But by linking children's records across data sources and over time, a much more comprehensive

picture emerges. This presentation will feature concrete examples of new knowledge generated and a facilitated discussion of the implications.

Presenter: Emily Putnam-Hornstein, Ph.D., USC School of Social Work

4J

Green Child Care: Tools and Programs for Healthy Brain Development

It is not just trauma and stress that are toxic to early brain development. Harmful chemicals in a child's environment can have significant negative impacts on brain chemistry, but there are tools child care providers can utilize to minimize health risks in their environment. Come hear about research on chemicals present in California child care facilities and program strategies to reduce harmful exposures to chemicals, such as local Green Child Care programs, green cleaning, and facilities design. Learn strategies for reducing child and staff exposure to toxins that disrupt healthy brain development.

Presenter: Asa Bradman, Ph.D., M.S., Center for Environmental Research and Children's Health, School of Public Health/UC Berkeley

Co-Presenters: Bobbie Rose and Kathy Tama

* * *