

Approved CARES Plus Component A Training

Title: Introduction to Strengthening Families (SF): A Protective Factors Framework

Approved: December 7, 2015

Contact: Teresa Rodriguez
218 Carmen Lane, Suite 111
Santa Maria, CA 93458
Phone: (805) 739-8741
E-mail: trjohnes@countyofsb.org

Training Information

- **Type:** Nationally recognized and locally developed
- **Delivery Method:** In-person
- **Length:** One 2.5-hour session
- **Availability:** Santa Barbara County only
- **Language:** English
- **Age-level Focus:** Infant, Toddler, Preschool, and Transitional Kindergarten
- **Cost:** No cost

Training Description: This training provides an overview of the Strengthening Families framework, to increase family strengths, enhance child development and reduce the likelihood of child abuse and neglect. This training can lead to on-site coaching to support implementation.

Training Methods: Lecture, handouts, demonstration and practice during training, written reflection, hands-on activities, facilitated peer discussion, and on-site technical assistance.

Learning Objectives

Competency Area	Performance Area	Topic/Competency Context(s)
Child Development and Learning	Knowledge about child development and learning	Factors that contribute to development
Relationships, Interactions, and Guidance	Socialization and guidance	Strategies for socialization and guidance
Family and Community Engagement	Community resources	Use of community resources

Approved CARES Plus Component A Training

Training Provider: First 5 California-Approved Statewide Training

Training Category (Competency): Family and Community Engagement

Training Topic: Strengthening Families