

Approved CARES Plus Component A Training

Title: Reflective Teacher: Examining Beliefs, Impacting Practice

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Training Information

- **Type:** Locally developed
- **Delivery Method:** Online
- **Length:** One three-hour session
- **Availability:** Statewide
- **Language:** English
- **Age-level Focus:** Infant, Toddler, and Preschool
- **Cost:** \$30 per person

Training Description: Participants will learn how to define and reflect on their individual philosophy of teaching using different strategies.

Training Methods: Handouts, demonstration and practice during training, written reflection, hands-on activities, required reading, self or program assessment, peer discussion, interactive learning activities, and interactive learning games.

Learning Objectives

Competency Area	Performance Area	Topic/Competency Context(s)
Professionalism	Professional development	Reflective practice
Administration and Supervision	Human Resources	Reflective practice and supervision
Learning Environment and Curriculum	Strategies to support learning and development	Intentional teaching

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Training Provider: First 5 California-Approved Statewide Training

Training Category (Competency): Professionalism

Training Topic: Reflective Practices