



**First 5 California CARES Plus Program**

To comply with CARES Plus CORE requirements, you must record and submit a log of your Looking at CLASSrooms (LAC) activities to your CARES Plus Advisor. This form is to be used while viewing the LAC online course.

**Form Instructions:** Please log the dates and time you spend viewing the online training along with the dimensions viewed. Keep notes on your thoughts, ideas, and ways to incorporate this new knowledge into your daily classroom practice. You and your advisor can use this log to help you design and complete your own Professional Growth Plan. Attach additional sheets if necessary.

<b>Date:</b>	<b>Time Spent:</b>	<b>Dimension(s) Viewed:</b>	<b>Reflection and Next Steps:</b>
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*I certify that I have engaged in the above activities as part of my CARES Plus CORE requirements.*

Participant Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Advisor's review and signature: \_\_\_\_\_

Lead Agency Administrator signature: \_\_\_\_\_